

From: Department of Communications & Public Affairs
Moose International
Mooseheart, Illinois 60539-1174

5/19

KAREN INGRAM

Karen J. Ingram serves as a member of the Moose Charities Board of Directors. She was appointed to this post in May 2019. Prior to this position, she served as Deputy Grand Regent for the Moose Year 2018-2019.

Karen joined the Women of the Moose in September 2007 in the Portland, Oregon Chapter 297, where she holds a Life Membership. She also holds membership in Astoria Chapter 422 and East Portland Chapter 1487.

Karen has served on several committees including Community Service Chairman, Higher Degree Chairman and Audit Committee and has also held the following offices: Chaplain, Secretary/Treasurer, Recorder, Jr. Graduate Regent and Senior Regent.

She was named Oregon's Novice of the Year in 2010, was a Shining Star Nominee that same year and received Oregon's Woman of the Year in 2013.

Karen received the Academy of Friendship Degree in 2009, College of Regents Degree in 2012 and the Star Recorder Degree in 2013.

Outside of the Moose, she is affiliated with the Polk County Mounted Sheriff's Posse, Meals on Wheels and Brentwood Darlington Neighborhood Association Community Foot Patrol.

Karen attended the George Fox College in Newberg, Oregon and is co-owner, along with her husband, of Amboy Lift Services where she works as both Office Manager and Bookkeeper.

When she's not "Moosing", Karen enjoys NASCAR, hiking, most outdoor activities, spending time with her family and friends, all while learning to play golf. She and her husband Rick reside in Milwaukie, Oregon with their two children and herd of dogs.

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