

Head Huggers Chemo Cap

The pattern below was mentioned in a book "Knit Fast, Die Young" a mystery novel by Mary Kruger.

A group of WOTM knitters make the caps for cancer patients. They also make caps for infants.

*Submitted by:
Carol Ireland
South Greenville, SC 1552*

Head Huggers: Knit Pattern: 10



The 'No-Hair-Day' Hairy Chemo Cap

Knit Head Hugger

Designed by: Sue W. Thompson

This is a new pattern that I love. Actually, it's really just the yarn that makes the hat. It's called FIZZ and makes the hat look like real hair. The FIZZ I used was made by S. R. Kertzer, but other companies make the same yarn and it can be used. This pattern is basically just straight knitting with decreasing rows at the top...and the hat is worn purl side out. However, the yarn is such that probably any snug-fitting hat design would do.

The other thing I like about this hat is that it can be made in real hair colors or in fun bright colors like red and purple.

Size: Women's small (21 inches), medium (22 inches), and large (23 inches)

Materials:

- 50G FIZZ yarn, 1 (2, 2) skeins
- Size 9 (5.5mm) circular knitting needle, plus set of size 9 double pointed knitting Needles... or size needed to obtain gauge

Gauge: 12 stitches and 16 rows = 4"

Directions:

Cast on 60 (66, 72) stitches. Join, being careful not to twist. Knit around until hat measures 6" (6.5", 7") from beginning.

Decrease rounds:

Round 1: *Knit 8 (9, 10), k2tog;* repeat from * to end of round.

Rounds 2, 4, 6, and 8: Knit.

Round 3: *Knit 7 (8, 9), k2tog;* repeat from * to end of round.

Round 5: *Knit 6 (7, 8), k2tog;* repeat from * to end of round.

Round 7: *Knit 5 (6, 7), k2tog;* repeat from * to end of round.

Round 9: *Knit 4 (5, 6), k2tog;* repeat from * to end of round.

Round 10: *Knit 3 (4, 5), k2tog;* repeat from * to end of round.

Round 11: *Knit 2 (3, 4), k2tog;* repeat from * to end of round.

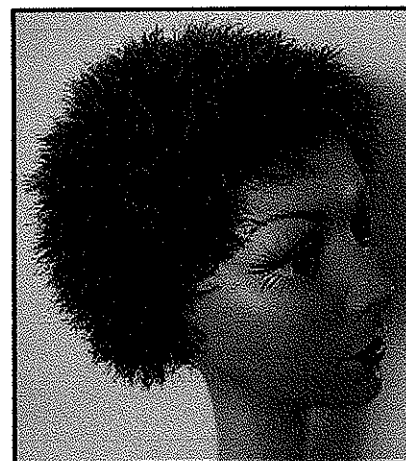
Round 12: *Knit 1 (2, 3), k2tog;* repeat from * to end of round.

Round 13:

- For small hat: k2tog around.
- For medium sized hat: knit 1, k2tog around.
- For large hat: knit 2, k2tog around.

(For medium and large sized hats, continue decreasing until knitting 2tog around.)

Cut the yarn leaving a 10" tail. Thread yarn through the remaining stitches. Fasten off on the knit side of the hat. Turn hat so that the purl side is on the outside.



**Fancy Fur
Cheery Chemo Cap**
is a **crochet** version
of this cap.

Tip: When crocheting with eyelash yarn, it can be hard to see the holes. Using a large crochet hook can make it easier. Also, crocheting with the eyelash yarn and a strand of plain acrylic yarn (both together) makes it easier to see the holes.